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Cold and hot phase change energy storage equipment





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What to do if you get a respiratory infection: A Mayo Clinic ...

Sick with a cold, flu or other respiratory virus? Learn some home management tips from a Mayo Clinic family medicine physician.

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[**Mayo Clinic Q and A: Direct Contact With Cold Sore Could ...**](#)

Cold sores that come back in otherwise healthy people are thought to be triggered by stress, fatigue and sunlight. To keep the virus from spreading, your husband should be ...

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[**Cold remedies: What works, what doesn't, what can't hurt**](#)

Cold remedies that work If you catch a cold, you can expect to be sick for one to two weeks. That doesn't mean you have to be miserable. These remedies might help you feel ...

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[**Mayo Clinic Q and A: Does vitamin C help us when we're sick?**](#)

DEAR MAYO CLINIC: Growing up, I was told to drink orange juice when I had a cold because "vitamin C is the cure." Does vitamin C actually help us when we're sick? What ...



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[Mayo Clinic Minute: Can vitamin C keep the common cold ...](#)

Winter is flu and cold season. Will taking in more vitamin C keep you healthier and prevent illness? Dr. Jesse Bracamonte, a Mayo Clinic family physician, explains more about ...

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[Home Remedies: Helping a hoarse voice](#)

Viral infections similar to those that cause a cold Vocal strain, caused by yelling or overusing your voice Bacterial infections, such as diphtheria, although this is rare, in large part ...

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[Mayo Clinic Q and A: Myths about catching a cold](#)

Cold ice cream can soothe a sore throat, and probiotics in yogurt can help alleviate stomach upset if you are taking antibiotics for an infection. Check with your primary health care ...

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[Cold Feet That Aren't Cold to the Touch May Indicate ...](#)

But in all these situations, the feet feel cold to the touch. Often the sensation of cold feet is benign and there is no serious underlying cause. However, experiencing the sensation ...

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